



Humber Education Trust

PE and Sport Premium Policy

Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

Eligibility and funding

Funding is paid to academies in two instalments usually in November and May and is based on the number of pupils in Years 1-6 in January census.

How to use the PE and Sport Funding Premium

School leaders know their schools best and so they have the flexibility to use the PE and Sport Funding Premium in the way that works best for their pupils as long as this provision **is additional and sustainable**. As such, schools should use the funding to:

- Develop or add to the PE, physical activity and sport that is currently provided
- Build capacity and capability with the school to ensure that improvements made now will benefit pupils joining the school in future years.

Schools should use the PE and Sport Premium funding to secure improvements in the following 5 priority areas:

1 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children

- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an *active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

2 Profile of PE and sport is raised across the school as a tool for whole school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

3 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches *to work alongside teachers* to enhance or extend current opportunities

4 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

5 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games initiative
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

***Active mile**

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

Raising attainment in Primary School Swimming

Swimming is a national curriculum requirement and by the end of key stage, 2 pupils are expected to be able to swim confidently and know how to be safe in and around water.

The 3 national curriculum requirements for swimming and water safety are to:

- swim competently, confidently and proficiently over a distance of at least 25m
- perform a safe self-rescue in different water based situations
- use a range of strokes effectively

- The premium can be used to fund the professional development and training that is available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety - after the delivery of core swimming and water safety lessons.

Accountability and Responsibilities

Schools are accountable for the use of their PE and Sport Premium funding and are expected to spend it for the purpose it was provided only.

Online reporting

Schools must publish details of how they spent their PE and Sport Premium funding by the end of the summer term, or by 31 July, of each academic year at the latest. Online reporting must include:

- the amount of premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport
- participation and attainment
- how the improvements will be sustainable in the future

Schools are also required to publish the percentage of pupils within their year 6 cohort in the current academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Trustees are responsible for:

- Holding Trust leaders to account in order to ensure the PE and Sport Premium funding Grant:
- Develops or adds to the PE, physical activity and sport that is currently provided
- Builds capacity and capability within the schools to ensure that improvements made now will benefit pupils joining the school in future years.

The CEO and Deputy CEO are responsible for:

- Monitoring the allocation, implementation and impact of PE and Sport Premium spending for all schools;

Local Governing Bodies are responsible for:

- Agreeing and approving annual PE and Sport Premium statements;
- Ensuring the school meets its statutory responsibilities for PE and Sport funding spending, including publication on the school website.
- Refer to the scheme of delegation for supported schools as approval of PE and Sport Funding Premium spending must be given by the CEO.

Headteachers / Principals are responsible for:

- Writing annual PE and Sport Funding Statement Pupil Premium statement using suggested guidance and agreed templates;

- Reviewing the PE and Sport Funding statement for the previous academic year using agreed guidance and templates;
- Ensuring agreed strategies are effectively implemented and monitored so that they lead to the desired impact
- Publishing statutory information on the school's website;
- Producing termly updates relating to the use and impact of funding to LGB and the Trust.

Teachers and other school staff are responsible for:

- Ensuring they have an accurate understanding of their role in the implementation of the school's PE and Sport Funding strategy and any personal or pupil barriers to achievement;
- Implement the school's PE and Sport Funding strategy (as appropriate to their role).

Useful links:

DfE PE and Sport Premium guidance

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Association for Physical Education – FAQs

<http://www.afpe.org.uk/physical-education/wp-content/uploads/Premium-FAQ-Final.pdf>

Swim England

<https://www.swimming.org/schools/>

Youth Sport Trust

<https://www.youthsporttrust.org/PE-sport-premium>

Good practice examples

<https://www.activenotts.org.uk/uploads/primary-pe-and-sport-premium-good-practiceexamples.pdf>

Active Partnerships

<http://www.activepartnerships.org/active-partnerships>

DfE – Teacher Blog

<https://teaching.blog.gov.uk/category/pe-and-sport-premium/>

Public Health England

<https://www.gov.uk/government/publications/what-works-in-schools-to-increase-physicalactivity-briefing>

School Games website

<https://www.yourschoolgames.com/>

PE and Sport Premium Survey Research Report

<https://www.gov.uk/government/publications/primary-pe-and-sport-premium-survey>

School Sport and Activity Action Plan

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/848082/School sport and activity action plan.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/848082/School_sport_and_activity_action_plan.pdf)

Chief Medical Officer guidance

<https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medicalofficers-report>

PE and Sport Premium

School: Cambridge Park Academy	Pupils Y1-Y6- 90	Funding: £16959
Academic year or years covered by statement: 2025-26	Publish date:15/09.2025	Review date: July 2026
Headteacher: Stephen Kernan	Subject lead Kevan Leech/Darren Gardiner	Governor lead: Vicky McGuire

Priority Area	Intent	Implementation	£	Impact (Success criteria)
1	Increase the engagement of all pupils in regular physical activity	<ul style="list-style-type: none"> Widened range of lunch time sports clubs supported by Sports Ambassadors Ensure pupils of all abilities have access to sports that they can fully engage in Class budget of £500 per class to ensure sports and activities are appropriate for each class 	£5000	<ul style="list-style-type: none"> 100% of all pupils to have access to a lunch time sports activity. Quality of active play improved appropriate to cognitive ability. Feedback from pupils indicates an incrementally positive picture
1	Increase the engagement of all pupils in regular physical activity	<ul style="list-style-type: none"> Identified cohort of pupils to access weekly multi sports coaching 	£2110	<ul style="list-style-type: none"> 100% of pupils access new activity and access to community sports clubs

1	Increase the engagement of all pupils in regular physical activity	<ul style="list-style-type: none"> All Primary aged pupils to access swimming lessons 1 hour per week for a half term. Selected personalised classes that are classed as most disadvantaged access weekly swimming sessions 	£5916	<ul style="list-style-type: none"> 100% of pupils to develop water confidence and swimming ability
2	Profile of PE and sport is raised across the school as a tool for whole school improvement	<ul style="list-style-type: none"> Playmakers sports leaders programme. Afterschool sports programme 	£500	<ul style="list-style-type: none"> 100% of Young Leaders participate and feedback positively within the programme Positive impact on breaktimes
3 & 4	<p>Increased confidence, knowledge and skills of all staff in teaching PE and sport.</p> <p>Broader experience of a range of sports and activities offered to all pupils</p>	<ul style="list-style-type: none"> Sports coaches integrated into the curriculum on rolling programme across year to enhance in-house teaching programme. PE lead to deliver INSET for all Primary classes Continued CPD for PE lead and implementation across the PE curriculum 	£1933	<ul style="list-style-type: none"> PE specialist/teachers upskilled to embed sporting opportunities into wider school offer 100% of pupils have access to improved standard of sports provision
5	Increased participation in competitive sport	<ul style="list-style-type: none"> Extend interschool sport events calendar and plan inter trust competitions Extend attendance at regional sporting events. INTRA school sports access CPA to host Primary SEND events 	£1500	<ul style="list-style-type: none"> Inter/intra school offer broadened year on year Pupil voice indicates that pupils are passionate and excited about sporting events.

Key achievements to date until July 2025

- **All Primary classes took part in regular physical activity during break times and lunch times.**
- **100% of primary aged pupils took part in a 6-week swimming module**
- **All Primary classes were given a class budget so that they were able to access more age and cognition specific PE/Sensory Equipment to increase active play. Pupils were included in the decisions about which equipment would be purchased. This equipment can be used in the following academic year and topped up as needed to meet the needs of new groups/pupils.**
- **All Primary TA's took part in specific PE INSET, this has focused on sustainability of skills and ability to support pupil's needs. TA's were then able to transfer their knowledge to active play sessions.**
- **Mixed group of primary pupils PE took part in an LTA tennis coaching programme which has resulted in skill and knowledge development. 3 of the pupils are now attending the club at weekends and are continuing their development outside of school hours.**
- **We had an increase of 14% in the amount of pupils being able to swim 25m and an increase of 11% in the number of pupils able to use a range of strokes**

Areas for further improvement and evidence to support this

- **The percentage of pupils able to swim at least 25m is relatively low however there are complicating factors due to physical and cognitive abilities that make this a challenge. Our priority is water confidence so that pupils will be able to enjoy the sensory and health benefits of swimming as well as attempting to achieve a national bench mark target. To facilitate this, we are adding a swimming module to the KS3 curriculum to offer additional opportunity and catch up access.**
- **Access to and participation in multiple primary sports events in conjunction with the school sports partnership.**
- **Selected primary pupils participated in FA football and multi sports programmes, shooting stars and primary comets.**
- **Further development of leadership opportunities**

<ul style="list-style-type: none"> • Parental engagement in an immersive and interactive sports day increased from the previous year. • Formal pathway pupils have had access to racket sports to develop their access of a new sport and also to support their fine and gross motor skills. 	
Meeting National Curriculum requirements for swimming and water safety – current Year 6 pupils	
% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m	14%
% of current Year 6 cohort who can use a range of strokes effectively (eg front crawl, backstroke, and breaststroke).	11%
% of current Year 6 cohort who perform safe self-rescue in different water based situations	0%
School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.	Yes



